

## With your Accident insurance, MetLife has you covered when it comes to annual screenings and tests



Your MetLife Accident Insurance coverage provides an additional Health Screening Benefit<sup>1</sup> for screenings and tests you're likely already getting.

If you, your spouse/partner and/or dependent children takes one of the screening/prevention measures listed below while covered under your Accident Insurance plan, MetLife will pay a Health Screening Benefit of \$50 for Low Plan/\$100 for High Plan (per person, per year). To receive the \$50 for Low Plan/\$100 for High Plan benefit, you'll need to provide proof of the screening to MetLife by following the instructions below.

The Covered Tests are: Routine health check-up exam; biopsies for cancer; blood chemistry panel; blood test to determine total cholesterol; blood test to determine triglycerides; bone marrow testing; breast MRI; breast ultrasound; breast sonogram; cancer antigen 15-3 blood test for breast cancer (CA 15-3); cancer antigen 125 blood test for ovarian cancer (CA 125); carcinoembryonic antigen blood test for colon cancer (CEA); carotid doppler; chest x-rays; clinical testicular exam; colonoscopy; complete blood count (CBC); coronavirus testing; dental exam; digital rectal exam (DRE); Doppler screening for cancer; Doppler screening for peripheral vascular disease; echocardiogram; electrocardiogram (EKG); electroencephalogram (EEG); endoscopy; eye exam; fasting blood glucose test; fasting plasma glucose test; flexible sigmoidoscopy; hearing test; hemoccult stool specimen; hemoglobin A1C; human papillomavirus (HPV) vaccination; immunization; lipid panel; mammogram; oral cancer screening; pap smears or thin prep pap test; prostate-specific antigen (PSA) test; serum cholesterol test to determine LDL and HDL levels; serum protein electrophoresis; skin cancer biopsy; skin cancer screening; skin exam; stress test on bicycle or treadmill; successful completion of smoking cessation program; tests for sexually transmitted infections (STIs); thermography; two hour post-load plasma glucose test; ultrasounds for cancer detection; ultrasound screening of the abdominal aorta for abdominal aortic aneurysms; or virtual colonoscopy.

- We will only pay one health screening benefit per covered person per calendar year.
- Health Screening Benefits are not available in all states.

**Claim your Health Screening Benefit for everyone who's enrolled — you, your spouse/partner, or dependent children. It's as simple as 1-2-3:**

1. **Call 1-800-GET-MET8 (800-438-6388).**
2. Provide a few details, including the health care provider's name, address, and phone number, plus the test and the date it was completed, and address of the facility where the test/screening was performed.
3. Receive your Health Screening Benefit payment. (Checks are typically issued within a few business days once your claim has been processed.)

You may also file your Health Screening Benefit online through the MyBenefits portal at [metlife.com/mybenefits](https://www.metlife.com/mybenefits) or by mail with a paper claim form. For a complete list of covered screenings and tests, please see your insurance certificate on the MyBenefits portal, [metlife.com/mybenefits](https://www.metlife.com/mybenefits).

<sup>1</sup> The Health Screening Benefit is not available in all states. For Texas situated policies and Texas residents covered under policies situated in other states, when the Health Screening Benefit is included in an Accident-only plan, the covered screening measures are: physical exam, blood chemistry panel, complete blood count (CBC), chest x-rays, electrocardiogram (EKG), and electroencephalogram (EEG).

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.