

# For all *your* life.

## 2024 Benefits Guide



## Our Mission

At Lurie Children's, we are dedicated to the health and wellbeing of all children. As a leader in pediatrics, we do this through our model of CARE:

### **C**linical Care

Achieve the best outcomes throughout the Medical Center and across the Community

### **A**dvocacy

Champion efforts to ensure every child thrives to achieve their full potential

### **R**esearch

Pursue discoveries, innovation and the promise of a cure

### **E**ducation

Train and develop the next generation of the pediatric workforce

We are inspired by our patients and each other to ignite hope in the pursuit of healthier futures for children and families of Chicago and beyond.

## Our Principles

Our principles guide our behaviors and actions each day to live our Mission and Purpose and achieve our Vision.

### **LEAD WITH INTEGRITY**

We practice courage and honesty, and we speak up for what is right. We are accountable always to our teams and patients.

### **CHAMPION EQUITY**

We treat everyone fairly, appreciate differences and make meaningful connections that foster belonging and allyship.

### **COMMIT TO DISCOVERY**

We embrace creativity and new ideas to continuously learn and improve. We are a catalyst for positive change every day.

## Our Culture of Care

*We care for you, so you can care for the children and families who trust us to put them first. Whether you're face-to-face with our patients, researching new innovations or working behind the scenes, you're the passion behind our purpose to do the right thing for every child.*

*This is a place where you can be your best, so you can give your best. Engaged together, we are unstoppable.*

# For all your life.



## Table of Contents

Welcome .....	1
Eligibility .....	2
Medical Plan Options .....	3
Your Medical Plans At-A-Glance .....	4
What You'll Pay .....	5
Prescription Drug Coverage .....	7
Health Savings Account .....	8
Flexible Spending Account .....	9
Your Spending and Savings Accounts At-A-Glance .....	10
Dental Insurance .....	11
Vision Insurance .....	12
Voluntary Benefits .....	13
Life, Accidental Death & Dismemberment, Short Term Disability and Long Term Disability Insurances .....	14
Paid Time Off, Allowed Time Off, Parental Leave and Bright Horizons .....	15
Retirement Plan .....	16
Additional Benefits .....	17
Important Resources .....	18

## Important Information Regarding this Guide

The information in this guide is intended only as a summary and does not provide a full listing of details for all of your benefits. Please visit the Benefits' portal ([luriechildrens.bswift.com](http://luriechildrens.bswift.com)) or the Benefit Plan Documents page on AllConnect to view the full summary plan description. Lurie Children's reserves the right to change or end benefits options at anytime.

The hospital is not responsible for your enrollment errors due to you not carefully reading this and other related benefits information, not following procedures or due to inaccurate or incomplete information you may provide.

## Welcome to Lurie Children's!

*At Lurie Children's, we care for you, so you can care for others, with great benefits and plenty of room to grow. We provide benefits for your physical, financial, emotional and social wellbeing.*

*This guide will provide you with information and resources to help you make your employee benefit elections.*

### Benefits Resources

Review your benefit information and make your health and voluntary benefit elections through the Benefits' portal or by contacting the Benefits Center. You have **20 calendar days** from your hire date to make your elections.

**Benefits' portal:** [luriechildrens.bswift.com](http://luriechildrens.bswift.com)

**User name:** your 5-digit employee ID

**Password:** the last 4 digits of your social security number

**Benefits Center:** The benefits center is available from 7 a.m. to 7 p.m. CT, M–F to assist you with the enrollment process and other benefit questions by calling **312.227.5500**.

**Benefits video:** Take a minute to watch the video to learn about your benefit programs. The video is available on the home page of your Benefits' portal.

**myluriebenefits.com:** Your go-to resource to learn about all of your benefits.

**Medical Plan Cost Estimator:** Answer a series of questions and then see how your costs under the Lurie Children's medical plan options compare. Use the tool to see which medical plan is right for you at [medplancompare.com/LurieChildrens](http://medplancompare.com/LurieChildrens).

**Virtual Benefits Fair:** Explore and learn more about a variety of Lurie Children's benefits and plan partners by visiting virtual booths at [virtualfairhub.com/luriechildrens](http://virtualfairhub.com/luriechildrens).

### New Hire Checklist



#### Health & voluntary benefits:

enroll through the Benefits' portal at [luriechildrens.bswift.com](http://luriechildrens.bswift.com) or Benefits Center within **20 calendar days** of hire.



#### Retirement benefit:

enroll through TIAA after you've received your first paycheck, go to [tiaa.org/luriechildrens](http://tiaa.org/luriechildrens) or call **800.842.2252**.



#### Commuter benefit:

enroll through HealthEquity | WageWorks starting **30 days** after hire, go to [healthequity.com/wageworks](http://healthequity.com/wageworks) or call **877.924.3967**.



## Eligibility

### Employee Eligibility

As an employee of Lurie Children's you are eligible for benefits if you are budgeted to work at least 40 hours per pay period (.5 FTE or greater). Full Time = 60 - 80 hours per pay period (0.75 - 1.0 FTE); Part Time = 40 - 59 hours per pay period (0.50 - 0.74 FTE).

Coverage for most benefits including medical, dental and life insurance begins on the first of the month after hire. Coverage for the following starts as noted:

- Short Term Disability Insurance — Effective after six months of employment.
- Long Term Disability Insurance — Effective after one year of employment in a benefit eligible status.

### Dependent Eligibility

You can choose to cover your eligible dependents under some benefit plans. Eligible dependents include:

- Your lawful spouse
- Your own and/or your spouse's dependent child through the end of the month in which they turn 26
- A child who you or your spouse are required to provide coverage for under a legal guardianship or court order
- A child who is dependent upon you for lifetime care and supervision because of a disabling condition, regardless of age, as long as they were covered prior to reaching the limiting age

If your spouse is also a Lurie Children's employee, be sure not to duplicate your coverages. Each family member should be covered under one or the other of your benefit options, not under both.

**Note: Verification of eligibility will be requested for all dependents newly added to the plans. Documents (i.e., marriage or birth certificates) must be uploaded within 30 days of enrollment or change. If you cover a disabled child, you'll be asked to provide documentation of the disabling condition at the time they reach age 26 and proof child is dependent on you for care.**

### Enrollment Opportunities

There are specific times when you can enroll in benefits for yourself and your dependents. The benefits you elect or waive will be in effect for the remainder of the plan year. You cannot make changes to your elections mid-year unless you experience a qualified life event. You can enroll or make changes at the following times:

#### When you are hired:

You have 20 calendar days from your date of hire to enroll for benefits. Coverage for most benefits begin the first of the month after hire.

#### Following a change to your employment status:

Following a change to a benefit eligible status, you have 30 days from the status change date to enroll for benefits. Benefits will be effective first of the month following your status change.

#### During Open Enrollment:

An annual enrollment will be held every year in the fall, elections are effective January 1.

### Qualified life events

You have **30 days** from the date of a qualified life event to process changes to your benefit elections, or 60 days following a change in eligibility for coverage through Medicaid or State Children's Health Insurance Program (SCHIP). Process changes through the Benefits' portal or contact the Benefits Center.

Qualified life events include:

- Marriage or divorce
- Birth or adoption of a child
- Change in dependent status of a child (e.g., child is no longer a dependent)
- Death of a dependent
- Gain or loss of eligibility for benefits by you, your spouse or dependent child (as a result of a change in employment status, cancellation or change of other employer's benefits plan, etc.)
- Entitlement to or loss of eligibility for Medicaid or SCHIP



## Medical Plan Options

Medical coverage offers valuable benefits to help you stay healthy and manage the cost of care if you or your covered family members become sick or injured. Lurie Children's offers a range of medical plan options, so you have the flexibility to enroll in the coverage that's right for your needs.

All Cigna Healthcare medical plan ID cards will be electronic in 2024. Simply go to [mycigna.com](https://mycigna.com) or download the Cigna app. Click or tap "ID Cards" to view yours or your dependents' card(s). You can email your card directly to your doctor, and save your card in your Apple wallet. You can also print your card or request a printed card on [mycigna.com](https://mycigna.com).

Lurie Children's offers three medical plan options:

- LocalPlus EPO
- Open Access PPO
- Open Access HSA

### How the Plans Are the Same

All Lurie Children's medical plans through Cigna provide comprehensive benefits and share the following attributes:

1. **Prescription drug coverage.** All medical plan options include prescription coverage through CVS/Caremark, and all three plans require you to use network pharmacies.
2. **Free in-network preventive care.** Services like annual physicals, recommended immunizations, and routine cancer screenings are fully covered at 100% **in-network**, so you pay nothing. [See a full list of covered preventive care services.](#)
3. **Cost sharing.** For non-preventive services you pay for a portion of your medical expenses through deductibles, copays and coinsurance.
4. **Out-of-pocket maximum.** *While the out-of-pocket maximum amounts vary*, each plan protects you by capping the total amount you'll pay each year for medical care. Once you meet your out-of-pocket maximum, the plan pays 100% of eligible expenses for the rest of the year.
5. **What's covered and who can be covered.** All three of the plans cover the same healthcare conditions and services. Eligibility for you and your dependents is the same under each plan option. Refer to page 2 for eligibility details.

### How the Plans Differ

The payroll contributions and benefits costs such as deductibles, coinsurance and copayments when you seek care are different for each of the plans and are summarized on the following page. You can also use the **Medical Plan Cost Estimator** at [medplancompare.com/LurieChildrens](https://medplancompare.com/LurieChildrens) to see which plan is right for you.

In addition to the differences in contributions and benefit cost share, one of the most notable differences among the three medical plans are the providers (physicians, hospitals and facilities) in the network that you select and whether the plan provides coverage for out-of-network providers. The table below highlights some of the differences in the networks and other key features of the plans.

	LocalPlus EPO	Open Access PPO	Open Access HSA
<b>In-Network Providers</b>	Utilizes a narrow select group of Cigna providers and limited to the Chicagoland area (including surrounding suburbs and northwest Indiana)	Utilizes Cigna's largest network of providers	
<b>Out-of-Network Providers</b>	Not covered except for emergencies	Covered	
<b>How to Check Whether your Providers Participate in the Network</b>	Go to <a href="https://cigna.com">cigna.com</a> and click on "Find a Doctor" and when asked to select a network, be sure to click "LocalPlus"	Go to <a href="https://cigna.com">cigna.com</a> and click on "Find a Doctor" and when asked to select a network, be sure to click the "Open Access Plus, OA plus, Choice Fund OA Plus" option	
<b>Compatible with a Health Savings Account (HSA)?</b>	No	Yes • Lurie Children's contributes to your HSA (annual contribution amounts shown; prorated if you enroll mid-year): – \$400 EE only coverage – \$800 all other coverage levels • Funds roll over year-to-year; use the money now, later or even in retirement • The money is yours to keep, even if you leave Lurie Children's	
<b>Compatible with a Healthcare Flexible Spending Account (FSA)?</b>	Yes	Yes, but limited to an FSA for dental and vision expenses only	

# Your Medical Plans At-A-Glance

Medical Plan Option		LocalPlus EPO		Open Access PPO		Open Access HSA	
Network		In-Network	Out-of-Network	In-Network	Out-of-Network	In-Network	Out-of-Network
HSA Funding		Not applicable		Not applicable		\$400 EE only coverage / \$800 all other coverage levels	
Deductible	Individual	\$500	NO COVERAGE	\$1,000	\$2,000	\$2,000	\$4,000
	Family	\$1,000		\$2,000	\$4,000	\$4,000	\$8,000
	Individual Ded w/ Family Coverage	\$500		\$1,000	\$2,000	\$4,000	\$8,000
Coinsurance		20%		20%	40%	20%	40%
Out-of-Pocket Maximum (Includes Deductible)	Individual	\$3,000		\$3,500	\$7,000	\$4,500	\$9,000
	Family	\$6,000		\$7,000	\$14,000	\$9,000	\$18,000
	Individual Max w/Family Coverage	\$3,000		\$3,500	\$7,000	\$9,000	\$18,000
Preventive Care		Covered at 100%		Covered at 100%	40% after deductible	Covered at 100%	40% after deductible
Inpatient Hospitalization		20% after deductible		20% after deductible	40% after deductible	20% after deductible	40% after deductible
Outpatient Services				20% after deductible	40% after deductible	20% after deductible	40% after deductible
Lab Services			20% after deductible	40% after deductible	20% after deductible	40% after deductible	
Office Visit		\$25 PCP	\$25 PCP	40% after deductible	20% after deductible	40% after deductible	
MDLive (Telemedicine Visit)		\$50 SCP	\$50 SCP	40% after deductible	20% after deductible	40% after deductible	
Infertility		4 attempts*	4 attempts*		4 attempts*		
Urgent Care		\$50	\$50	\$50	\$50	20% after deductible	20% after deductible
Emergency Room Visit		\$175	\$175	\$175	\$175	20% after deductible	20% after deductible

\*An additional 2 attempts if a successful pregnancy occurs.

Don't forget to download your electronic medical plan ID card; cards will be available in late December for current employees, and within two weeks after enrollment for new hires.

## Programs to Support Your Family

In you enroll in medical coverage, we offer additional benefits like direct access to infertility resources through WINFertility, as well as during and after pregnancy resources through Cigna Healthy Pregnancies, Healthy Babies® program via Cigna One Guide. For details, contact a Cigna One Guide Advocate at **800.244.6224**.

Additional programs for families include: **Rethink**, which provides extra support for your child with learning, social or behavioral challenges, and **WorkLife Partnership**, which offers navigation services for housing, stress management, finances, and more. See page 17 for details.





## What You'll Pay – Full-Time Employees

As a full-time employee of Lurie Children's, you are eligible for benefits if you are budgeted to work at least 40 hours per pay period (.5 FTE or greater). Full Time = 60 - 80 hours per pay period (0.75 - 1.0 FTE).

### Per Pay Period Medical Plan Contributions (pre-tax effective January 1, 2024)

#### Full Wellness Credit

Eligible employee **and** spouse completed healthy activities and earned the wellness credit.

Full-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	\$62.26	\$88.78	\$155.60	\$182.12
Open Access PPO	\$99.58	\$159.70	\$237.80	\$297.92
Open Access HSA	\$39.34	\$85.42	\$128.42	\$161.96

#### Partial Wellness Credit

Eligible employee **or** spouse completed healthy activities and earned the wellness credit.

Full-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	N/A	N/A	\$169.06	\$195.58
Open Access PPO	N/A	N/A	\$251.26	\$311.38
Open Access HSA	N/A	N/A	\$141.88	\$175.42

#### No Wellness Credit

Employee and any eligible spouse **did not** complete healthy activities and earn the wellness credit.

Full-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	\$75.72	\$102.24	\$182.52	\$209.04
Open Access PPO	\$113.04	\$173.16	\$264.72	\$324.84
Open Access HSA	\$52.80	\$98.88	\$155.34	\$188.88

To learn more, review the **Wellness Incentive Overview** or contact Cigna One Guide Advocate by calling **800.244.6224**, "Click to Chat" on [mycigna.com](https://mycigna.com) or through myCigna Mobile App.



**Note:** Medical premiums are deducted from every paycheck.





## What You'll Pay – Part-Time Employees

As a part-time employee of Lurie Children's, you are eligible for benefits if you are budgeted to work at least 40 hours per pay period (.5 FTE or greater). Part-Time = 40 - 59 hours per pay period (0.50 - 0.74 FTE).

### Per Pay Period Medical Plan Contributions (pre-tax effective January 1, 2024)

#### Full Wellness Credit

Eligible employee **and** spouse completed healthy activities and earned the wellness credit.

Part-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	\$119.02	\$165.46	\$292.52	\$338.96
Open Access PPO	\$184.42	\$289.54	\$436.34	\$541.58
Open Access HSA	\$78.94	\$159.64	\$244.88	\$303.62

#### Partial Wellness Credit

Eligible employee **or** spouse completed healthy activities and earned the wellness credit.

Part-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	N/A	N/A	\$305.98	\$352.42
Open Access PPO	N/A	N/A	\$449.80	\$555.04
Open Access HSA	N/A	N/A	\$258.34	\$317.08

#### No Wellness Credit

Employee and any eligible spouse **did not** complete healthy activities and earn the wellness credit.

Part-Time	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
LocalPlus EPO	\$132.48	\$178.92	\$319.44	\$365.88
Open Access PPO	\$197.88	\$303.00	\$463.26	\$568.50
Open Access HSA	\$92.40	\$173.10	\$271.80	\$330.54





## Prescription Drug Coverage

When you enroll in one of Lurie Children's medical plans, you automatically receive prescription drug coverage through CVS/ Caremark. What you pay for your prescriptions depends on the medical plan you choose, the type of medication and where/ how your prescription is filled. Please note that all three plans require you to use in-network pharmacies.

### Prescription Drug Coverage At-A-Glance

Pharmacy Benefits				
Medical Plan Option		LocalPlus EPO	Open Access PPO	Open Access HSA
Deductible		No Deductible	No Deductible	Preventive Generics: No deductible All Other: After medical deductible
Out-of-Pocket Maximum	Individual	\$1,200	\$1,200	Integrated with medical out-of-pocket maximum
	Family	\$3,600	\$3,600	
	Individual Max w/ Family Coverage	\$1,200	\$1,200	
<b>Retail and Mail Order (30/90 Day)</b>				
Generic		\$7 Copay / \$14 Copay		
Brand Preferred		30% (\$30/\$60 min / \$100/\$200 max)		
Brand Non-Preferred		50% (\$50/\$100 min / \$125/\$250 max)		
Specialty Drugs		50% (\$75/\$150 min / \$200/\$400 max)		



#### Tobacco Use Surcharge

Employees who are tobacco users will have a surcharge of \$25 per pay-period (\$650 annually) applied to their health plan premiums. Employees enrolling in a health plan for the first time, will be required to complete a tobacco attestation. Lurie Children's is committed to your health and offers tobacco cessation programs through Cigna.

#### Omada®

Omada® is a digital lifestyle change program that can help you lose weight, feel fantastic and develop long-term healthy habits. Employees and their covered adult dependents receive the program at **no additional cost** if you meet eligibility criteria to participate in the program, including being enrolled in the Lurie Children's health plan through Cigna, are at risk for diabetes or heart disease and are accepted into the program. See if you're eligible at [omadahealth.com/luriechildrens](http://omadahealth.com/luriechildrens).



# Health Savings Account

## With the Open Access HSA

The Health Savings Account (HSA) is managed by HSA Bank for Cigna. Contact Cigna customer service at **800.CIGNA24 (800.244.6224)** to speak with an HSA Bank Representative.

If you enroll in a high deductible health plan option (the Open Access HSA), you are eligible to contribute to an HSA. This is your own personal savings account where you can put aside money on a pre-tax basis to cover eligible medical, pharmacy, dental and vision expenses. Funds contributed to your HSA are yours to keep, and stay in your account until you spend them.

The hospital contributions and the IRS limits are pro-rated based on the number of months you are actively enrolled in an HSA. If you enroll for Medicare (A or B), you are no longer eligible to contribute to an HSA.

### Hospital Contributions:

If you elect to participate in an HSA the hospital will contribute to your account.

**EE only coverage:** \$400 per year

**All other coverage levels:** \$800 per year

Deposited bi-weekly into your HSA to help you better manage expenses. New employees hired throughout the year will receive a prorated amount.

### Your Contributions and Limits:

You may also elect to make additional contributions on a pre-tax basis to your HSA. Below are the 2024 IRS limits, which include both the hospital and your own contributions:

**EE only coverage:** \$4,150 (\$5,150 if age 55 or over)

**All other coverage levels:** \$8,300 (\$9,300 if age 55 or over)

### How to Set Up Your HSA

If you enroll in the Open Access HSA, you will be prompted to elect or waive the HSA plan.

- You can set an amount to contribute pre-tax up to the IRS limit.
- If you are enrolled in a high deductible health plan, you will automatically receive hospital contributions to an HSA to use for eligible medical expenses.
- If you are currently enrolled in an HSA, no action is required to continue participation unless you need to change or cancel contributions.

*Note: If you participate in a Health Savings Account (HSA), the IRS restricts your ability to contribute to a Healthcare FSA. You cannot choose to participate in both an HSA and a HealthCare FSA during a calendar year.*





## Flexible Spending Account

The Flexible Spending Accounts are managed by HealthEquity | WageWorks. Contact HealthEquity | WageWorks customer service at **877.924.3967** or [healthequity.com/wageworks](https://healthequity.com/wageworks). Shown below are the 2024 IRS limits.

Flexible Spending Accounts (FSA) allow you to put money aside on a pre-tax basis to use for qualified expenses.

Flexible Spending Accounts are "use-it-or-lose-it" which means if you don't use the dollars for eligible expenses, you will lose the funds remaining in your account at the end of the year. All claims for calendar year expenses must be incurred by December 31 of the year and submitted for reimbursement by March 31 of the following year. You may need to provide eligibility documentation, so be sure to keep your receipts.

FSA elections are made for the current calendar year, coverage ends on December 31. If you wish to contribute to an FSA, you need to actively elect the FSA plan each year during open enrollment (or within 30 days of a qualified mid-year status change).

### Healthcare FSA

Contribute up to \$3,050\* to an FSA to be used for eligible medical, dental, vision and prescription drug expenses. You can access the full amount of your annual health FSA election on your first day of coverage. You will have several payment & reimbursement options including a debit card. If you contribute to a Health Savings Account (HSA), you cannot contribute to a Healthcare FSA (IRS guidelines), however, you can contribute to a Limited Purpose Healthcare FSA.

### Limited Purpose Healthcare FSA

Contribute up to \$3,050\* to a Limited Purpose Healthcare FSA, to be used **only** for eligible dental and vision expenses. **A Limited Purpose Healthcare FSA is available only to employees who enroll in the Open Access HSA, or if enrolled in an HDHP through any entity.** Adding a Limited Purpose Healthcare FSA offers additional tax-saving opportunities. You can access the full amount of your Limited Purpose Healthcare FSA election on your first day of coverage. You will have several payment & reimbursement options including a debit card.

### Your FSA Debit Card

If you currently participate in one of these accounts and your debit card does not expire at the end of 2023, you will continue to use your HealthEquity | WageWorks debit card in 2024. If you currently participate in one of these accounts and your debit card expires at the end of 2023, or if you elect to participate in one of these accounts for the first time, you will receive a debit card in the mail from HealthEquity.

### Dependent Care FSA

Contribute up to \$5,000\* annually to an FSA to be used for eligible dependent care expenses including pre-school and daycare. If married and filing separate income tax returns, the annual maximum is \$2,500\* per person. Access your pre-tax dependent care FSA contributions through convenient reimbursement options. Funds may be accessed after paycheck deductions.

### Pre-Tax Commuter (Available throughout the year)

**Transit**—for transportation to/from work on Metra, RTA, CTA/Ventra, Pace and even the Lurie Children's shuttle. Contribute **up to \$300\*** monthly.

**Parking**—for commercial garages near your train/bus stop or close to your worksite (but not for Lurie Children's garages). Contribute **up to \$300\*** monthly.

This benefit is not elected through the Benefits' portal. You can visit the HealthEquity | WageWorks website at [healthequity.com/wageworks](https://healthequity.com/wageworks) to register and set up your pre-tax commuter orders. Orders must be set up by the 10th of the prior month. You can set up and change orders on a monthly basis or set up a recurring order on an ongoing basis.

*Visit [healthequity.com/wageworks](https://healthequity.com/wageworks) to learn how FSAs work and to see a list of eligible FSA expenses. Register for an account and set up commuter orders directly through the website. Contact HealthEquity | WageWorks directly: 877.924.3967.*

### FSA Carry Over

Healthcare FSA allows you to **carry over up to \$610\*** in unused FSA funds to the next year. This will help you avoid losing unused money at the end of the year.

\*FSA contribution limits for 2024 have not yet been released by the IRS.



## Your Spending and Savings Accounts At-A-Glance

Lurie Children's offers four different types of Flexible Spending Accounts (FSAs) and Health Savings Accounts (HSA) that allow you to contribute money before taxes are withheld to help you cover the cost of caring for you and your dependents. The table below summarizes the key features of the accounts:

Savings Accounts	Health Savings Account (HSA)	Healthcare FSA	Limited Purpose Healthcare FSA	Dependent Care FSA
<b>Who Is Eligible</b>	Employees enrolled in the Open Access HSA	All employees except those enrolled in an HSA	Employees enrolled in the Open Access HSA	All employees
<b>Lurie Children's Contribution</b>	Lurie Children's will contribute \$400 (EE only coverage); \$800 (all other coverage levels)	N/A	N/A	N/A
<b>Annual Contribution Limits</b>	Your total contribution, including the amount Lurie Children's contributes is: <ul style="list-style-type: none"> <li>\$4,150 for EE only coverage</li> <li>\$8,300 for all other coverage levels</li> </ul> Up to an additional \$1,000 annually if you are age 55 or older	Up to \$3,050*		Up to \$5,000* (\$2,500* per person, if married and filing separate income tax returns)
<b>Change Your Contributions</b>	You may make changes at any time throughout the year	Changes are only allowed during Open Enrollment or due to a qualified event		
<b>Covered Expenses</b>	You and your eligible family members' qualified medical, prescription drug, dental and vision expenses	You and your eligible family members' qualified expenses: <ul style="list-style-type: none"> <li>dental, vision</li> <li>medical and prescription drug expenses, medical plan copays and deductibles, over the counter medications and medical equipment, and menstrual products</li> <li>once you meet the medical plan deductible, medical and prescription drug expenses not applied to the deductible, over the counter medications and medical equipment, and menstrual products</li> </ul>		Eligible child (under age 13) and/or adult day care expenses (preschool, before and after school care, summer camps)
<b>Earns Interest</b>	Yes, subject to minimum balance requirements	No		
<b>"Use It or Lose It" at Year-End</b>	No. Funds are always yours and can be taken with you when you retire or leave Lurie Children's	Carry over up to \$610*, any remaining funds are forfeited		Yes
<b>Key Dates</b>	Withdrawals for eligible expenses incurred after January 1, 2024 are tax free. No deadline for withdrawals	May be used for expenses incurred January 1, 2024 through December 31, 2024 and must submit claim reimbursement by March 31, 2025		
<b>For More Information:</b>	The HSA is managed by HSA Bank for Cigna. Contact Cigna customer service at <b>800.CIGNA24 (800.244.6224)</b> to speak with an HSA Bank representative.	You can also visit <a href="https://healthequity.com/wageworks">healthequity.com/wageworks</a> to learn how FSAs work and to see a list of eligible FSA expenses. Register for an account and set up commuter orders directly through the website. Contact Health Equity /WageWorks directly at <b>877.924.3967</b> .		
	Visit the <a href="https://HSAstore.com">HSAstore.com</a> , the only one-stop-shop stocked exclusively with HSA eligible items. Refer to <a href="https://irs.gov/publications/p969">irs.gov/publications/p969</a> for information on health savings accounts.	Visit the <a href="https://FSASTore.com">FSASTore.com</a> for the latest information on eligible expenses. You can find information about eligible expenses at <a href="https://irs.gov/publications/p502/index.html">irs.gov/publications/p502/index.html</a> (healthcare expenses) and <a href="https://irs.gov/publications/p503/index.html">irs.gov/publications/p503/index.html</a> (dependent care expenses).		

\*FSA contribution limits for 2024 have not yet been released by the IRS.

# Dental Insurance

Dental benefits are managed by Delta Dental of Illinois. You have a choice of two plans, the Delta PPO Plan and the Deltacare DHMO Plan. To find a network provider, **visit [deltadentalil.com](http://deltadentalil.com)** or call **800.323.1743**.

## Delta PPO

The PPO option features a wide network of dental providers and offers coverage for in- and out-of-network services. You do not need to select a primary dental provider, however your out-of-pocket costs will be lower if you receive care from a dentist in the Delta PPO or Delta Premier networks.

## Deltacare DHMO

Under the Delta Care DHMO option you must receive services from a dentist in the DeltaCare network and you **must select a primary dentist** for you and your covered dependents. You pay only the patient copayment for covered procedures, and there are no deductibles, annual benefit maximums or claim forms to complete. If you choose this option, you will be prompted to enter a dental provider ID for each family member.

Dental Plan Highlights	DELTA PPO			DELTACARE DHMO
	PPO	Premier	Out-of-Network	In-Network
Delta Dental Network				
Individual	\$0	\$50	\$50	\$0
Family	\$0	\$150	\$150	\$0
Deductible Applies to	N/A	Basic and Major	Basic and Major	N/A
Annual Maximum	\$2,000			Unlimited
Preventive Services	100%	100% of MPA*	100% of MPA*	100%
Basic Services	80%	80% of MPA*	80% of MPA*	Covered according to fee schedule
Major Services	50%	50% of MPA*	50% of MPA*	Covered according to fee schedule No coverage for dental implants
Periodontics	80%	80% of MPA*	80% of MPA*	Covered according to fee schedule
Endodontics	80%	80% of MPA*	80% of MPA*	Covered according to fee schedule
Orthodontics	Covered at 50% up to a lifetime maximum of \$2,000			Covered subject to copay Must use DHMO network orthodontist

\*MPA = Maximum Plan Allowance. You are not responsible for charges exceeding MPA for services performed by a Delta Premier dentist. Out-of-Network providers may charge you for costs exceeding MPA.

Dental Plan Premiums (26 Times Per Year)	EE Only	EE + Child(ren)	EE + Spouse	EE + Family	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
	Full-Time				Part-Time			
Delta PPO	\$11.43	\$32.32	\$22.85	\$43.75	\$13.69	\$38.78	\$27.40	\$52.51
DeltaCare DHMO	\$5.02	\$10.47	\$9.28	\$14.73	\$6.02	\$12.56	\$11.13	\$17.69



**Note:** Dental premiums are deducted from every paycheck.



## Vision Insurance

The vision benefit is managed by VSP. You have a choice of two plans, the Base Plan or the Premium Plan. Create an account on [vsp.com](http://vsp.com) to view your in-network coverage, find an eye doctor (choose from private practice doctors and Visionworks® retail locations), and discover savings with Exclusive Member Extras (provides offers from VSP and leading industry brands with over \$3,000 in savings!).

### Vision Plan Highlights

In-network benefits are covered in full (after copay), including comprehensive exams, prescription glasses or contacts (instead of glasses). **Note:** Dependent children are covered under the **VSP KidsCare Program**, which includes repair/replacement coverage. Your vision plan also includes maternity benefits and additional savings for glasses and sunglasses. View the **2024 Benefit Summary** for more details.

	BASE PLAN	PREMIUM PLAN
<b>Adult Coverage (VSP Providers)</b>		
<b>WellVision Exam</b> <i>Focuses on eyes and overall wellness</i> <i>Frequency: Every calendar year</i>	\$10 copay Up to \$39 copay for routine retinal screening	\$10 copay Up to \$39 copay for routine retinal screening
<b>Essential Medical Eye Care</b> <i>Additional exams and services beyond routine care to treat immediate issues from pink eye to sudden changes in vision or to monitor ongoing conditions (dry eye, diabetic eye disease, glaucoma, and more)</i> <i>Retinal imaging for members with diabetes covered-in-full</i> <i>Frequency: Available as needed</i>	\$20 per exam	\$20 per exam
<b>Prescription Glasses</b> <i>Glasses or Contacts and Frame</i> <i>Frequency: Every calendar year</i>	\$25 copay for one pair of prescription glasses with the following provisions: <b>Frame:</b> <ul style="list-style-type: none"> <li>\$130 allowance for a wide selection of frames</li> <li>\$180 allowance for featured frame brands</li> <li>20% savings on the amount over your allowance</li> <li>\$130 allowance at Walmart and Sam's Club</li> </ul> <b>Lenses:</b> Single vision, lined bifocal and lined trifocal; impact-resistant lenses for dependent children (average savings of 20-25% on other lens enhancements)	\$25 copay for one pair of prescription glasses with the following provisions: <b>Frame:</b> <ul style="list-style-type: none"> <li>\$130 allowance for a wide selection of frames</li> <li>\$180 allowance for featured frame brands</li> <li>20% savings on the amount over your allowance</li> <li>\$130 allowance at Walmart and Sam's Club</li> </ul> <b>Lenses:</b> Single vision, lined bifocal and lined trifocal; impact-resistant lenses for dependent children and adults (average savings of 20-25% on other lens enhancements)
<b>Contacts</b> <i>Instead of glasses</i> <i>Frequency: Every calendar year</i>	Up to \$60 copay \$150 allowance for contacts and contact lens exam (fitting and evaluation); copay does not apply	Up to \$60 copay \$200 allowance for contacts and contact lens exam (fitting and evaluation); copay does not apply

Vision Plan Premiums (26 Times Per Year)	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
	Full-Time & Part-Time Employees			
Base Plan	\$2.58	\$5.04	\$4.81	\$7.64
Premium Plan	\$3.34	\$6.24	\$6.54	\$9.94

**!** **Note:** Vision premiums are deducted from every paycheck.



# Voluntary Benefits

Voluntary Benefits (Critical Illness, Accident and Hospital Indemnity) are managed by MetLife. For additional benefit information you may contact MetLife at **800.GETMET8 (800.438.6388)**.

To help create a financial safety net for you and your family the hospital has partnered with MetLife to offer three voluntary benefit options. These plans provide additional coverage for accidents and illnesses and are an economical way to supplement your health and disability plans. You can choose to cover yourself, your spouse and your children. In the event of a covered illness or accident, benefit payments are made directly to you to be used as you see fit. Use the benefit payments to cover your out-of-pocket medical expenses, disability expenses or to pay for your every day living expenses – such as your mortgage, car payments or child care.

Complete plan details and individualized rates will be reflected in the Benefits' portal as you process your elections.



**Note:** Voluntary benefits premiums are deducted from every paycheck.

### Critical Illness

This benefit can help cover the extra expenses associated with a serious illness, as well as other conditions such as cardiac arrest, severe burns, COVID-19, and specific childhood diseases. You can elect a high or low benefit option. If a serious illness occurs, this coverage provides you with a lump-sum payment upon diagnosis (\$30,000 high plan or \$15,000 low plan). In the event you or your family member suffer more than one covered condition, the total benefit available is 3 times your initial benefit (\$90,000 high plan or \$45,000 low plan).

### Your Cost for Coverage

Your premium (26 times per year) is shown below for \$15,000 of coverage. Critical Illness costs should be multiplied by two for the high plan (\$30,000 in coverage).

ATTAINED AGE	EMPLOYEE ONLY	EMPLOYEE + SPOUSE	EMPLOYEE + CHILDREN	EMPLOYEE + SPOUSE/ CHILDREN
<25	\$1.11	\$2.15	\$2.70	\$3.74
25-29	\$1.18	\$2.70	\$2.77	\$4.29
30-34	\$2.01	\$4.43	\$3.60	\$6.02
35-39	\$3.12	\$7.13	\$4.71	\$8.72
40-44	\$5.05	\$11.63	\$6.65	\$13.22
45-49	\$7.75	\$18.35	\$9.35	\$19.94
50-54	\$11.22	\$27.35	\$12.81	\$28.94
55-59	\$15.65	\$39.53	\$17.24	\$41.12
60-64	\$22.71	\$58.64	\$24.30	\$60.23
65-69	\$33.99	\$88.48	\$35.58	\$90.07
70+	\$54.14	\$134.10	\$55.73	\$135.69

### Health Screening Benefit Available!

MetLife provides a health screening benefit with your Critical Illness and Accident coverage. You can receive a health screening benefit of \$50 towards a covered test. To learn what health screening tests are covered, visit [myluriebenefits.com](http://myluriebenefits.com).

### Accident

This benefit pays you should you or a covered member of your family have an accident. More than 150 events & services are included including fractures, dislocations, 2nd & 3rd degree burns, concussions, eye injuries and emergency care as well as hospitalizations resulting from an accident and accidental death & dismemberment.

### Your Cost for Coverage

The table below shows your cost (26 times per year) for coverage based on the plan and level of coverage you choose.

COVERAGE LEVEL	HIGH PLAN	LOW PLAN
EE Only	\$4.51	\$2.42
Employee + Spouse	\$6.99	\$3.76
Employee + Children	\$8.15	\$4.39
Employee + Spouse/Children	\$10.86	\$5.75

### Hospital Indemnity

Hospital stays are costly and often unexpected. They often mean extra out-of-pocket costs, beyond what your health plan may cover. This benefit provides you with a lump-sum payment when you are admitted or confined to a hospital due to a sickness or accident as well as mental illness. You can elect a high or low benefit option and can choose to cover yourself, your spouse and your children. Typically, a flat amount is paid for any admission and a daily amount is paid for each day of a hospital stay.

### Your Cost for Coverage

Your cost for coverage (26 times per year) is shown below and is based on the plan you choose and your level of coverage.

COVERAGE LEVEL	HIGH PLAN	LOW PLAN
EE Only	\$7.95	\$4.06
Employee + Spouse	\$13.14	\$6.70
Employee + Children	\$13.14	\$6.70
Employee + Spouse/Children	\$18.92	\$9.56





## Life Insurance

### Basic Life Insurance

Life insurance coverage is equal to one times your annual salary provided by the hospital at no cost to you.

### Supplemental Life Insurance

You can choose to purchase additional life insurance coverage for yourself, your spouse or your children.

- **Yourself:** Elect an additional one to three times your annual salary
- **Spouse:** \$5,000, \$10,000 or \$25,000 of coverage
- **Child:** \$2,500, \$5,000 or \$10,000 of coverage

### Personal Health Application

As a newly eligible employee, you can enroll for employee life insurance up to \$300,000 without proof of your health status. If you elect coverage over \$300,000, you will be prompted to complete a personal health application (PHA). PHA may be required if you choose to increase your employee or spouse coverage at a later date. If your election requires PHA, the Benefits' portal will open a link to the Hartford website for you or your spouse to complete an online PHA. You will be notified if your PHA is not approved.

**Beneficiaries:** Be sure to designate your life insurance beneficiary during the enrollment process.

Life Premiums	Coverage Amount
Employee Additional Life Insurance	1x, 2x or 3x your annual earnings
Spouse Life Insurance	\$5,000
	\$10,000
	\$25,000
Child Life Insurance (Live Birth to Age 26)	\$2,500
	\$5,000
	\$10,000

**Note:** Your individual coverage amount and cost will be reflected in the Benefits' portal.

**Note:** Life and AD&D insurance premiums are deducted from every paycheck.



## Accidental Death & Dismemberment Insurance

Accidental Death & Dismemberment (AD&D) insurance through The Hartford provides coverage if you were to die or lose the use of a limb in an accident. You can choose coverage for yourself and your family members. If you elect this coverage, be sure to set up your beneficiary designation.

See table below for the costs for each of these coverage amounts.

AD&D Premiums (26 Times Per Year)	EE Only	EE + Child(ren)	EE + Spouse	EE + Family
\$50,000	\$0.28	\$0.37	\$0.39	\$0.44
\$100,000	\$0.55	\$0.74	\$0.78	\$0.88
\$150,000	\$0.83	\$1.11	\$1.18	\$1.32
\$200,000	\$1.11	\$1.48	\$1.57	\$1.75
\$250,000	\$1.38	\$1.85	\$1.96	\$2.19



## Short Term Disability Insurance

Short Term Disability (STD) insurance is provided by the hospital at no cost to you through IPMG. Your STD benefit provides you with pay in the event you are unable to work due to illness or a non-work related accident. You are eligible for STD coverage when you reach six months of service. The program provides you with STD benefits equal to 60% of your budgeted weekly salary for up to a maximum of 26 weeks from your date of disability.

Disability benefits begin on the 8th calendar day of a disability, if hospitalized greater than 23 hours, benefits begin day 1.



## Long Term Disability Insurance

Long Term Disability (LTD) insurance is managed by The Hartford and is provided by the hospital at no cost to you after you have completed one year of benefits eligible service. LTD benefits begin after you've been disabled for 180 days and provides you with a monthly benefit equal to 60% of your salary.

### Voluntary Long Term Disability

You also have the opportunity to elect and pay for an additional 6-2/3% monthly benefits for a total benefit coverage of 66-2/3%. Your costs for coverage will be reflected in the Benefits' portal.



## Paid Time Off

Time away from work is critical to your well being and your ability to serve our patients. You accrue PTO hours each pay-period. PTO hours are used for holidays, vacation, illness and other eligible time off. New employees are eligible to use PTO starting 90 days after hire, holidays right away.

You accrue up to (pro-rated based on FTE status):

Years of Service	Annual PTO Accrual
0-2.99	30 days
3-9.99	35 days
10+	37 days



## Allowed Time Off (ATO)

Directors and above will participate in an allowed time off program (ATO) instead of paid time off (PTO). ATO hours can be used for holidays, vacations, illnesses, and other eligible time off. Time away from work frequency will be determined by the leader, and new employees are eligible to use ATO starting 90 days after hire, holidays immediately.



## Parental Leave

For many of you, family is an important part of life, and we recognize that sometimes you need time to dedicate to your loved ones. To help support new parents through birth, adoption, legal guardianship or long-term foster care placement, Lurie Children's will provide paid Parental Leave to employees who have been employed for 1 year from date of delivery, adoption or other covered event.

The purpose of paid parental leave is to support employees while they care for and bond with a newborn or newly adopted or placed child. This paid time may be, but is not required to be taken concurrently with leave available under the Family and Medical Leave Act (FMLA), as applicable.



## Bright Horizons

We partner with Bright Horizons to help you better manage your many work, family and personal responsibilities. This includes backup care, for when your regular arrangements are unavailable, so you can care for your children and aging family members.

You have access to up to 10 days of high-quality backup child care and elder care through Bright Horizons Care Advantage program. You can choose from in-home or center-based care:

- **In-home care:** \$6/hour
- **Center-based care:** \$15 per day/per child or \$25 per day/per family

**Bright Horizons Enhanced Family Supports** offers discounts on top child care, tutoring, elder care, summer camp and STEM learning providers for your family.

- **Child care:** Free premium access to Sittercity, discounts on nanny placement services, discounts on tutoring, summer camp, Bright Horizons child care centers and more.
- **Tutoring:** Discounted academic support, tutoring, test prep and STEM programs, as well as school break camps and before- and after-school programs.
- **Elder care:** Adult and elder companion caregivers, senior housing search tools to search senior care providers that includes in-home agencies, independent living facilities, assisted living facilities, memory care and nursing homes.
- **Pet care:** Services include dog-walking, pet sitters or overnight care, grooming, training, and more. You can exchange a day of backup care to receive a credit to use for pet services.

Register with Bright Horizons at <https://clients.brighthouse.com/luriechildrens>. Request care online or call 877-BH-Cares (877-242-2737) to speak with a live consultant 24/7/365.



## Retirement Plan

The Retirement Savings Plan is managed by TIAA. Visit [tiaa.org/luriechildrens](https://tiaa.org/luriechildrens) or call **800.842.2252**.

The 403(b) Retirement Savings Plan offers a convenient way to save for your retirement. All employees are eligible to participate in the plan, and all participants are eligible for the hospital's matching contribution of up to 5% of pay.

### Plan Features

Managed by TIAA, a financial services organization serving employers in the academic, medical and research fields.

- Wide variety of investment funds, including Lifecycle funds
- Rollovers from 401(k) & 403(b) plans accepted
- Schedule a no cost advice session with a TIAA financial consultant at [TIAA.org/schedulenow](https://tiaa.org/schedulenow) or by calling **800.732.8353**.

### Matching Contributions

To help you reach your retirement planning goals, Lurie Children's will also contribute to your account.

Any participant who makes contributions to the plan is eligible to receive matching contributions.

The hospital will match 100% of your 403(b) contributions up to a maximum of 5% of your pay up to the annual IRC limit. The IRC limit for eligible compensation for 2023 is \$330,000.

Vesting refers to the contributions that you own and can take with you when you leave. You are always 100% vested in your own contributions. However, you do not become fully vested in the employer matching contributions until you complete 3 years of service.

For example: If you are hired on July 1, 2023, you will not become fully vested in the matching contribution until July 1, 2026.

### Auto-Enrollment and Contribution Limits

- Select any percent of your eligible earnings to be contributed on a pre-tax or Roth after-tax basis each pay-period (26 times per year)
- New employees hired in a benefit eligible status (0.5 FTE+) will automatically be set up for a 2% contribution after 60 days of employment if they do not elect a percent or opt out in that time
- Elect at least 5% to maximize your matching contribution
- The IRS annual employee contribution limit for 2023 is **\$22,500** or **\$30,000** if you are age 50+. These limits are subject to annual cost-of-living adjustments by the IRS. Also, be sure to consider all contributions made in a calendar year through any other qualified employer plan as they also count toward the IRS limits.

### Steps for First Time Enrollees:

1. Your employee details will be sent to TIAA when you receive your first paycheck, after which you visit the TIAA website at [tiaa.org/luriechildrens](https://tiaa.org/luriechildrens) to set up your account
2. If you're new to TIAA, click "Log in," then "Need online access?". Follow the on-screen directions to set up your account
3. Set up your contact information and designate your beneficiaries
4. Make your investment selections or choose the Lifecycle fund targeted to the year you want to retire
5. Elect your contribution percentage – to receive the maximum 5% match, contribute at least 5% of your pay
6. Download the TIAA app and register your account for easy access

Contribution and investment changes can be made at any time through your TIAA account.

For assistance with the enrollment process contact TIAA at **800.842.2252**.









**Note:** Auto-enrollment applies to new employees hired in benefits eligible status only. New hires have 60 days from their hire date to complete or waive enrollment before they are automatically enrolled.

### Meet the Match!

Try to contribute at least 5% to take full advantage of the match — otherwise, you're leaving free money on the table. Log in to your TIAA account to increase your contribution rate.

## Additional Benefits

In addition to the core benefit plans covered on the previous pages, the hospital offers the following additional programs. You do not need to elect or enroll in these plans. To gain a more comprehensive review of your total rewards package, visit [myluriebenefits.com](http://myluriebenefits.com).

	BENEFIT	HIGHLIGHTS	ELIGIBILITY
	<b>Hospital Services Discount</b>	You and dependent children can receive a 50% discount on hospital services after insurance coverage. You can also receive 5% below the average wholesale price for drugs on the hospital formulary.	All employees
	<b>Adoption Benefit</b>	Financial assistance for parents who choose to adopt, up to \$5,000 per adopted child, which is intended to assist with such expenses as legal services, family studies, adoption related travel expenses, or cover other expenses incurred as a result of the adoption.	Benefits eligible employees, 6 months of service
	<b>College Savings Plan (529)</b>	Allows you to set aside savings for future college tuition through payroll contributions to Bright Start of Illinois. Check out Healthcare Associates Credit Union powered through Enrich to learn more on saving for a child's education.	All employees
	<b>Tuition Assistance</b>	Tuition reimbursement for employees who choose to continue their education. Up to \$5,000 per calendar year, pro-rated for part-time employees. Note: benefits eligible employee = budgeted in a 0.5 FTE status or more.	Benefits eligible employees, 6 months of service
	<b>Student Loans</b>	SoFi offers refinancing options for students and Parent PLUS loans. Takes just minutes to see your rates and terms and does not impact your credit score. Upon refinancing, you'll receive a welcome bonus.	All employees and dependents
	<b>Public Service Loan Forgiveness (PSLF)</b>	Lurie Children's is working with TIAA and Savi to bring you a financial wellness benefit that helps you find repayment plan options that can lower your monthly payment and put you on the path toward loan forgiveness. Join a webinar hosted by the student loan experts at Savi to learn more about what you can do to be ready for payments to resume.	All employees and dependents
	<b>Employee Assistance Program (EAP)</b>	Free, confidential assistance program available 24/7 by telephone or internet. Covers up to 5 face-to-face sessions with a mental health professional, at no cost to you. Helps you connect with a mental health or substance abuse professional in your network. Provides access to a wide variety of financial & legal resources, child & elder resources, discounts, online tools and more. Program managed by Cigna Behavioral Health.	All employees and their family members
	<b>Rethink</b>	Rethink provides extra support for your child with learning, social or behavioral challenges with 24/7 access to tools and resources to help you feel more in control of your child's full potential.	All employees

## Important Resources

### Questions About Your Benefits?

Visit [myluriebenefits.com](https://myluriebenefits.com). If you need additional HR/Payroll support, email [PeopleQuestions@luriechildrens.org](mailto:PeopleQuestions@luriechildrens.org).

		CONTACT INFORMATION	
Bright Horizons		877.BHCARES (877.242.2737)	<a href="https://clients.brighthorizons.com/luriechildrens">https://clients.brighthorizons.com/luriechildrens</a>
Bright Start (529 College Savings Plan)		877.432.7444	<a href="https://brightstartingsavings.com">brightstartingsavings.com</a>
Cigna	Medical	800.CIGNA24 (800.244.6224); available 24/7 Account #: 3332180	<a href="https://mycigna.com">mycigna.com</a> Download the MyCigna Mobile App
	Employee Assistance Program	888.371.1125	<a href="https://mycigna.com">mycigna.com</a> Employee ID: <a href="https://mycigna.com">luriechildrens</a>
	Wellness Incentive	800.244.6224	<a href="https://mycigna.com">mycigna.com</a>
	MDLive Telehealth	888.726.3171; available 24/7	
	HSA Bank	800.244.6224	
COBRA (administered by bswift)		866.365.2413	<a href="mailto:billingservices@bswift.com">billingservices@bswift.com</a>
Crisis Text Line		Text HOME to 741741	N/A
CVS/Caremark Pharmacy		855.566.8402 Account #X1249	<a href="https://caremark.com">caremark.com</a> Download the CVS/Caremark Mobile App
Delta Dental of Illinois		800.323.1743	<a href="https://deltadentalil.com">deltadentalil.com</a>
HealthCare Associates Credit Union (HACU)		630.276.5555	<a href="https://hacu.org">hacu.org</a>
HealthEquity   WageWorks (Flexible Spending Accounts (Health, Dependent), Pre-Tax Transit and Parking Orders)		877.924.3967	<a href="https://healthequity.com/wageworks">healthequity.com/wageworks</a>
IPMG (Leave Administration)		877.737.0032	<a href="https://core.in-sightonline.com/Security/Login">https://core.in-sightonline.com/Security/Login</a>
Lurie Children's Benefits Center		312.227.5500; 7 a.m.–7 p.m. CT, M-F	<a href="https://luriechildrens.bswift.com">luriechildrens.bswift.com</a>
Lurie Children's Health-care Services Discount	Hospital Services Billing	877.924.8200	<a href="mailto:hospitalbilling@luriechildrens.org">hospitalbilling@luriechildrens.org</a>
	Physician Services Billing	312.227.7200	<a href="mailto:mydocbills@luriechildrens.org">mydocbills@luriechildrens.org</a>
MetLife (Voluntary Benefits)		800.GETMET8 (800.438.6388)	
Omada		N/A	<a href="https://go.omadahealth.com/luriechildrens">https://go.omadahealth.com/luriechildrens</a>
Public Service Loan Forgiveness (PSLF)		N/A	<a href="https://tiaa.org/luriechildrens/student">tiaa.org/luriechildrens/student</a>
PsychHub		N/A	<a href="https://psychhub.com">psychhub.com</a>
Rethink		800.714.9285	<a href="mailto:support@rethinkbenefits.com">support@rethinkbenefits.com</a>
RISE (Resilience in Stressful Events)		312.227.7473	Peer Support Program
Student Loan Refinancing – SoFi		855.456.7634	<a href="https://sofi.com/lurie">sofi.com/lurie</a>
The Hartford		860.547.5000	<a href="https://thehartford.com">thehartford.com</a>
The REACH Team (Resilience Education & Crisis Help)		312.227.3288	
TIAA (403B Retirement Savings)	Customer Services	800.842.2252	<a href="https://tiaa.org/luriechildrens">tiaa.org/luriechildrens</a>
	Counseling Appointment	800.732.8353	
Tuition Assistance/Reimbursement		N/A	<a href="mailto:tuitionassistance@luriechildrens.org">tuitionassistance@luriechildrens.org</a>
VSP		800.877.7195; 8 a.m.–7 p.m. CT, M-Sat	<a href="https://vsp.com">vsp.com</a>
Value Growth Plan (Pension Plan Information)		833.679.1375	<a href="https://retirementfocus.com">retirementfocus.com</a>
YouDecide (Employee Discount Program)		800.746.7236 Group ID: LCH545	<a href="https://youdecide.com/luriechildrens">youdecide.com/luriechildrens</a>





For all **your** life.